

CERTIFICATE OF PARTICIPATION

This is to certify that

Lara Waters

Has successfully participated & completed the
5km TRAIL Run Kariega Trail Run 2018

held at Southwell Cricket Field.

TIME 00:44:57

PACE 08:58/km

GENDER 10 of 51

OVERALL 17 of 75

40 - 49 3 of 13

29 December 2018, Sat

Date



BoutTime

Signature

